



1. Use the map below to plot Paul's voyage across the Mediterranean sea in Acts 27:8-17 and 28:1.



2. The ship was lost at sea for two weeks (v27). Consider the situation in v15-27. How might those on the ship have felt?

3. What prevented Paul from being discouraged?

4. When we are suffering, it is natural to focus on ourselves and our self-preservation. How did Paul relate to those onboard the ship? Why did he do so?



5. Consider the storms in our lives that might cause us to feel we are "lost at sea," for example:

- a) suffering for trying to live faithfully
- b) brokenness of the world and our bodies
- c) wrestling with loss or unmet longings

How might our suffering cause us to turn inward and focus on ourselves?



6. The angel promises Paul that no loss of life will occur. Read John 6:35-40. What promises does Jesus Himself make to us? How might this give us hope in our suffering?

7. Read 2 Corinthians 1:3-4. The sure hope that Paul had in God allowed him not only to persevere in his own suffering but to comfort and encourage those around him. How can the comfort and hope we have in Jesus be used to minister and encourage those around us who are suffering in a similar way to us?



8. Listen to the hymn "Christ the sure and steady anchor," and take some time to respond to God in prayer, bringing up the areas of our lives that we have turned cynical and requires some direct encouragement from Him. Then, if an encouragement comes to mind, share it with one another.

[Christ the Sure and Steady Anchor | Sovereign Grace](#)

<p>Christ the sure and steady Anchor In the fury of the storm When the winds of doubt blow through me And my sails have all been torn In the suffering, in the sorrow When my sinking hopes are few I will hold fast to the Anchor It shall never be removed</p> <p>Christ the sure and steady Anchor While the tempest rages on When temptation claims the battle And it seems the night has won Deeper still then goes the Anchor Though I justly stand accused I will hold fast to the Anchor It shall never be removed</p>	<p>Christ the sure and steady Anchor Through the floods of unbelief Hopeless somehow, O my soul, now Lift your eyes to Calvary This my ballast of assurance See His love forever proved I will hold fast to the Anchor It shall never be removed</p> <p>Christ the sure and steady Anchor As we face the wave of death When these trials give way to glory As we draw our final breath We will cross that great horizon Clouds behind and life secure And the calm will be the better For the storms that we endure Christ the sure of our salvation Ever faithful, ever true We will hold fast to the Anchor It shall never be removed</p>
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