



This guide will help you facilitate a clear understanding of the Bible passage with a focus on applying God's truth to our lives together. You should spend at least half your time discussing questions that are application focused. Look at the Big Idea and What your CG Must Take Away sections at the beginning of the guide to keep the discussion focused.

Introduction and Series Overview

The purpose of this series is to teach the church to delight in God, enjoy our walk and relationship with him, and see him as our joy in all situations, through the 4 Psalms (34, 33, 13, 143). It is our hope that these Psalms will teach us what it means to truly experience the joy of the Christian faith, because God is our delight.

Context and Text Structure

The context of this psalm is found in 1 Samuel 21:10-15. David, while escaping from the Saul who sought to kill him, went to the lands of Achish king of Gath to seek refuge. Fearing that his fame in wars would invite the threat of King Achish, David pretended to be a mad man so as to escape King Achish's notice. The psalm is written as a response to God's deliverance, as David sees God's hand working to preserve him even in this humiliating situation. It is a thanksgiving psalm that also weaves in biblical wisdom and instructions.

- I. Thanksgiving for God's Goodness and Justice (vv.1-7)
 - A. Individual and Communal Praise (vv.1-3)
 - B. Individual and Communal Experiences (vv.4-7)
- II. In Praise of Wisdom (vv.8-22)
 - A. Exhortation to Wisdom (vv.8-14)
 - B. The Rewards of Wisdom (vv.15-22)

Big Idea

Enjoying God by losing our self-sufficiency and taking refuge in the God of our salvation

CG Takeaway

For your group to take refuge in Christ and so to taste and see that the Lord is good.

1. What was David's posture in seeking God in this Psalm? (v4, 6)
2. How does David describe his experience of God? (v7, v10, v18, v22)
3. How does David respond to his deliverance? (v1, v11)
4. How does this Psalm encourage us to relate to God in our times of affliction? What might be challenging about that?
5. How are the righteous and wicked described in this Psalm? (v15-22)
6. What does it mean to be "righteous" according to this Psalm? (V6, 15, 17, 22)
7. The righteous are those who humble themselves before God and take refuge in him. How has the current pandemic humbled you and led you to cry out to God?
8. Compare Psalm 34:20 and John 19:36. How does this Psalm apply to Jesus, according to John?
9. How does Jesus' deliverance secure our deliverance?
10. How does our dependence on God result in our righteousness?
11. David tells us to taste and see that the Lord is good (v8). How have you personally experienced God's deliverance?
12. Many of us have experienced answered prayers and deliverance in our lives. How have we responded to them?